

## Welcome to Wakefield Hospital

Our staff are committed to making your hospital experience as comfortable as possible. In an effort to help you prepare for your time with us we have prepared this folder of information. We suggest you take a few minutes to read it and if you have any questions please contact us or, alternatively, speak to your medical specialist.

Thank you for choosing Wakefield Hospital.

### Admission instructions

Also read 'Admission Information' on website

Name:

Date of your admission:

Arrive at hospital at:

### Fasting and medication instructions

Admissions up to and including 12 midday, you:

- SHOULD have supper as late as you wish, but before midnight on day before your procedure
- MUST NOT eat anything (this includes chewing gum and sweets) after midnight
- MAY drink WATER ONLY freely until 2 hours before your admission time. No milk.
- MUST take all routine medications (unless told otherwise by your surgeon or anaesthetist)

Admission after 12 midday, you:

- SHOULD have a LIGHT breakfast before 7:00 am e.g. Tea and up to 2 slices of toast or a light cereal. (No porridge or cooked breakfast)
- MUST NOT eat anything (this includes chewing gum and sweets) after 7:00am
- MAY, after 7am, drink WATER ONLY freely until 2 hours before your admission time. No milk.
- MUST take all routine medications (unless told otherwise by your surgeon or anaesthetist)

**If your Surgeon or Anaesthetist gives you other fasting instructions, you MUST COMPLY WITH THEM**

### Colonoscopy Patients

You must follow the bowel prep and diet instruction provided by your specialist. If you have concerns please contact your specialist.

### Other medication instructions

Please read admission information on website regarding 'Your current medications'

*Please bring all your usual medications in their original containers to hospital with you, including herbal and dietary supplements.*

### Checklist / reminder

- Obtain **prior approval** from your insurance company
- Complete and return the E-admission forms
- Phone the hospital if you have any further questions regarding estimates during 9am to 4 pm Monday to Friday
- Ensure any laboratory tests requested by your specialist have been completed before your admission
- If you are paying your account privately you will need to arrange prepayment of your estimated account
- If you are to be admitted overnight and have been clinically employed at a hospital or rest home or admitted to a hospital in NZ or overseas in the last 6 months please contact your specialists' rooms
- Have copies of any enacted Advance Directive
- Arrange transport to and from the hospital
- Arrange for a responsible adult to stay with you at home for the first 24 hours after discharge

### Bring to Wakefield on admission:

- Consent form for your procedure**
- Admission form and Health Questionnaire if not completed on-line or sent in prior to admission
- Prior approval letter from insurance company
- ACC letter authorising your treatment in a private hospital
- Print out of medications list from your GP
- Glasses and any other physical aids
- Arrange transport to and from the hospital.

### Inpatients only:

- Suitable night wear and dressing gown
- Comfortable footwear
- Personal toiletries
- Reading and writing material

**Please leave** all valuable jewellery and cash at home. While we do our best to ensure the safety of your belongings we are unable to accept any responsibility for loss.

**If you have any questions about any of the following please phone us prior to your admission:**

- Booking date and admission time
- Cost estimates
- Special dietary requirements
- Special nursing requirements during your stay

**(04) 381 8100 or 0800 Wakefield (0800 925 334)**

**eAdmissions**  
Complete your forms online  
Fast, secure, simple

**REGISTER ONLINE**  
wakefield.co.nz